

Dear friend,

I am sending this letter to people who have read the Health Sciences Institute newsletter article about serrapeptase or read about serrapeptase on the internet and requested information from our library. Some of these sources imply or state that we have a protocol for the use of serrapeptase. While the information we have would enable you to piece together a protocol, there is no “ready made” protocol that has been given by Dr. Nieper. In September 1998 he gave us some protocols. He specified that they were to be given “for information and for doctors only”. Included among these protocols is a protocol for “Cardiac Diseases”. It does **not** include serrapeptase, but it does include other things that Dr. Nieper mentioned that are always taken along with serrapeptase.

To understand why Dr. Nieper didn't release all of these protocols to the general public you need to understand how he practiced medicine. He paid attention to a patient's individual health and also sought to **prevent** likely future health problems. By releasing these protocols to doctors under the title “General Treatment Protocols for Information Only,” I believe he wanted doctors to use them as **guidelines** as they put together protocols for their patients. For example, a patient could have more than one health problem. Perhaps the protocols for the two illnesses have duplicate components. The doctor must decide how best to modify the protocol so that the patient will have enough of these components but not too much. Medicine is an art and doctors use their own knowledge and judgement when they see a patient in person. Dr. Nieper expected doctors to use these protocols as a source of information about **how it is possible to treat illness through nutritional intervention.**

When constructing a protocol based upon Dr. Nieper's writings, read the entire last page of the Basic Cardiovascular Packet. The first quote given is from 1986. At that time he was just beginning to use serrapeptase. The Ananase 100 that he refers to in this quote was a bromelain product available at that time. The product is no longer available. Dr. Nieper said in that quote, “Please, most of the bromelain which is available on the market does not work at all, it's down 4% of its efficacy.” I am releasing the “Cardiac Disease” protocol. It indirectly indicates what quality of bromelain he was intending to use in that protocol. The protocol uses a specific brand of products which he formulated here in this country. The brand is “Advanced Research”. The bromelain product had a label which stated that the quality was “1800 mcu per gram”. The abbreviation mcu stands for milk clotting units. The product also contained papain and the quality was (1600 mcg per gram).

Another way that quality is sometimes stated is in GDU per gram. 1800 mcu per gram should be equivalent to 1200 GDU per gram, according to my sources of information.

GDU stands for gelatin dissolving unites. Wherever you purchase bromelain you should have information **in writing** assuring you that it meets this quality standard.

CAUTION: In the Physicians Desk Reference a bromelain product is listed. Under “Precautions and Side Effects” it says: Use in hemophiliacs or others with bleeding tendencies inadvisable. (Elsewhere I have read that bromelain therapy should not be taken with the drug Coumadin or similar drugs.)

The second quote on the last page of the Basic Cardiovascular Packet is a statement Dr. Nieper made in response to a question I asked him about how to use serrapeptase. By that time (1994) he was using a smaller amount of serrapeptase. Note that he cautions against using more than 2 to 3 tablets of 5 mg each of Serrapeptase, stating, “otherwise an irritation of the pulmonary (lung) tissue and of the ileum may develop. Here he states that the protocol must include magnesium orotate, bromelain, carnitine, thiamine (Vitamin B1) and selenium when serrapeptase is given. In the quote, an amount of selenium is mentioned.

Keeping in mind the above information, here is the “Cardiac Diseases” protocol by Dr. Hans A. Nieper, MD given in 1998:

- Magnesium Orotate: 1 – 500 mg Tablet, 3 times per day
- Potassium/Magnesium Aspartate: 1-2, 500 mg Tablets per day
- L-Carnitine with Thiamine (Vit B1) 3 – 250 mg Capsules per day
- Bromelain: 5 – 167 mg Tablets per day
- Nieperzyme: 3 – 300 mg Tablets per day (Note: The company had to rename this product so they named it “Food Enzymes.”)

Selenium and serrapeptase would need to be added to this protocol.

In addition to the Basic Cardiovascular Packet, the REVOLUTION book by Dr. Hans Nieper and THE LIFE AND WORKS OF DR. HANS NIEPER, THE CURIOUS MAN by Dr. Nieper and co-authors are especially good sources to read about his cardiac therapy.

The Advanced Research products which were formulated by Dr. Nieper are available here in the U.S. at 1-800-222-7153. If you need help to find a doctor who will help you use these products, ask them which doctors have been ordering the products in your area.

Sincerely yours,

Lillian J. Hanke